



INTERNATIONAL JOURNAL OF PROFESSIONAL HOLISTIC AROMATHERAPY

Fostering the education and practice of the professional holistic aromatherapist



2023-2024
Media Kit and
Writing Guidelines

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Overview of the IJPHA

The *International Journal of Professional Holistic Aromatherapy* (IJPHA) is a peer-reviewed professional journal dedicated to providing the professional holistic practitioner with useful information and resources to enhance their practice and expand their “toolbox.” The IJPHA is registered with the US Library of Congress.

Our objective

The IJPHA aims to provide the reader with informative articles highlighting the practical application of essential oils and to provide a showcase for practitioner case studies.

Each quarterly issue contains articles about known and lesser known but commercially available essential oils to introduce you to new oils, essential oil research and case studies, chemical profiles and chemistry, and/or tips on how to build and maintain a thriving successful business, practical application of information contained within the pages of each issue, industry news and current information on issues relevant to the field of aromatherapy and holistic health care.

The professional holistic aromatherapist assesses the client’s needs physically, mentally, emotionally and spiritually. Addressing the clients needs goes beyond the use of essential oils alone and may include herbs, homeopathic remedies, flower essences, supplements and advice on nutrition, exercise and techniques for improved relaxation to address the client’s body, mind and spirit. When necessary, a practitioner may make recommendations to a client to seek complementary care from another provider or to seek advice from an integrative practitioner. The IJPHA strives to provide information and resources with regard to integrative and complementary healthcare methods, as well as additional “tools” for the professional holistic aromatherapist.

Subscriptions



The subscription year runs from June-March. Subscriptions received before March 1 will receive all issues for the current subscription year. Subscriptions received on or after March 1 will start in June of the current year.

Back issues are available at a cost of \$29 plus shipping and may be ordered from our website at www.IJPHA.com or by sending an email request for back issues to lora.cantele@gmail.com. The IJPHA will invoice you via PayPal.com.

Subscriptions in the Continental U.S.	\$106
Subscriptions in Canada	\$124
International Subscriptions	\$148

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Subscribe today!

The IJPHA is available in print and published quarterly by
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Writing for the IJPHA

The *International Journal of Professional Holistic Aromatherapy* (IJPHA) is an educational resource published by Enhancements Aromatherapy LLC. The IJPHA is produced in “print” version on a quarterly basis. We welcome your submissions of news, tips, recipes, case studies and articles.

The IJPHA article topics include and are not limited to:

- Chemical component profiles; including research, references, and safety.
- In-Depth essential oil and carrier oil profiles including; history, traditional use, safe and responsible use, therapeutic properties, medicinal action, safety, research, application, formulary, complete with references.
- Case Studies-Case Series (see page 6)
- Essential oil, CO₂, hydrolat and carrier oil research
- Aromatherapy and natural healthcare industry news
- Aromatherapy education
- Current industry information regarding endangered/at-risk botanical species and their oils
- Essential oil recipes for therapeutic blending, cooking and personal care products
- Business articles and tips to build and maintain a successful business
- Feature-length articles on hot topics, Aromatherapy, integrative therapies, and integrative uses of essential oils
- Book and product reviews

Most important! Methods recommended in an article in the IJPHA should follow safe and responsible practices.

Please refer to the *Alliance of International Aromatherapists Guidelines for safe practices* at: <http://www.alliance-aromatherapists.org/aromatherapy/aromatherapy-safety/>

For more information call +1 815-814-1444

Article Submission Requirements:

- Topic is professionally presented—with necessary citations and references indicated and within your scope of practice
- All articles must be submitted singled spaced in an unformatted Word.doc file
- Font size 12 point, Gill Sans MT (if not available use Arial), Black Ink
- Do not use any special spacing or formatting
- One space between sentences please, not two
- Include full name of each essential oil/carrier oil (no abbreviations)
- Include the common name in regular font and Latin binomial (s) in italic font in “()” directly after the first time an oil/plant is named. Use of the common name only is ok thereafter.
- When including endangered or at-risk essential oils, you must indicate the status of the botanical species.
- Include internal and “neat” use only when in your scope of practice and when used in a safe and responsible way.
- Ensure the accuracy of your data; especially references
- Include a brief professional biography at the end of the article (50-60 words)
- Include your contact information at the end of your bio (email/website/phone)
- Include a headshot image in a PNG or JPG (300dpi) high resolution quality
- Article should be pre-edited and spell checked before submission
- Do not include the phrase ‘therapeutic grade’ with essential oil descriptions — there is no recognized grading system for essential oils.
- Submit the Writer’s Agreement with your article or information for publication and indicate your permission to use any images included with your article

Content

Each issue of the IJPHA contains a common thread between a chemical component, essential oils rich in that component (some well known, some lesser known), case studies that utilize oils rich in the featured chemical component, relevant research, integrative practices, business information and/or book and product reviews. The IJPHA also considers articles related to a particular season and its seasonal ailments. The list of topics evolves as the journal progresses, submissions relevant to selected topics chosen by the IJPHA will be given priority.

Abstracts

Abstracts are not required for general articles. Research articles must be accompanied by an abstract of no greater than 200 words. If this abstract is accompanying clinical or basic research, standard abstract formatting must be used that provides a summary of information on all aspects of the study. Non-research based articles may have a less structured abstract.

Length of article

The IJPHA accepts two types of articles; regular and feature articles. Regular articles (or 'short' articles) are 850-1200 words in length and are generally book or product reviews. Feature articles are 2750-3300 words, but no longer than 3500 words unless necessary to adequately address the topic. Longer articles may be published in two parts. Case studies may be shorter length. Specific guidelines for these are listed on the following page.

Reprints of previously published material

The IJPHA does not accept previously published articles. Articles over five years old may be revised with current research and additional material and submitted for consideration.

Essential oil names

For clarity, the first time an essential oil (hydrolat, herb, or carrier oil) is mentioned, list the common name (capitalized) followed by the botanic name in italics used in parenthesis, e.g. Spike Lavender (*Lavandula latifolia*). The botanic name should always be present. Thereafter, only the common name (capitalized) is necessary. Stipulate the part of plant used, method of extraction as well as chemotype, subspecies or variation where relevant. When discussing research in an article, please be sure to indicate if the research was on the essential oil, extract or if it was not indicated in the original research paper.

Copyright and permission

It is your responsibility to ensure the work is your own and not copied from other sources. If you plan to use illustrations from previously published sources, you are required to obtain permission for use and credit the source. As author, it is your intellectual property however the IJPHA holds the initial copyright. You may publish your article elsewhere after 30 days from publication date in the IJPHA with proper credit that reads "previously published in the *International Journal of Professional Holistic Aromatherapy* Volume __, Issue __."

Images

Include any article images in JPEG (300dpi) high resolution quality. If you have purchased images or clip art, indicate what the image is and the name of the person credited with the copyright. If the image is yours, indicate © and your name.



Peppermint leaf
© mashuk/iStock.com



Shiso leaf
© Lora Cantele

Figures and Tables

These are to be submitted separate to the text. If figures are to be included, these are to be submitted in a larger format than planned for publication. A concise description should accompany each figure and table and make sure that they are also cited within the text. Ensure that their position within the text is clear, e.g. 'Put Table 1 here.' Tables within each issue are formatted as indicated below.

Essential oil composition:

Chemical profile for <i>Piper betle</i> leaf essential oil from Nepal	
Chemical Family	Components
Monoterpenes	<i>trans</i> -sabinene hydrate (tr)
Sesquiterpenes	(E)-caryophyllene (0.4%) δ-cadinene (tr) α-humulene (tr) γ-murolene (tr)
Alcohols	α-cadinol (tr) τ-murolol (tr)
Esters	methyl salicylate (tr) chavibetol acetate (11.7%) allylpyrocatechol diacetate (6.2%)
Aldehydes	<i>n</i> -decanal (tr)
Phenols ^a	chavicol (0.4%) eugenol (0.4%) chavibetol ^b (80.5%) methyl eugenol (0.4%)
<i>Piper betle</i> leaf essential oil from Nepal was analyzed by using the GC-MS method (Satyal et al, 2012) at the University of Alabama in Huntsville. The yield of the oil was 0.1% pale yellow color on hydrodistillation using Clevenger type apparatus. "tr" indicates trace component <0.05%	

^a The phenolic components likely play a role as antioxidants (Suppakul et al., 2006).

^b Chavibetol is an isomer of eugenol.

How to indicate your references

Cite reference within the text — Remember to arrange your references and bibliography alphabetically! (Last name of Author, Year).

Example:

Many people with autism will experience hypersensitivity to certain stimuli resulting in actual physical pain of sensory overload (Waterhouse, 1995).

If a reference contains the same author(s) and year date, indicate "a" and "b" to distinguish which reference goes with which citation (Sharma *et al.*, 2022a; Sharma *et al.*, 2022b).

Reference (Journal article)

Author(s)-last name initial(s). (Date). Title of article. *Name of Journal*. Volume (Issue), Page(s).

Example-

Ellwood J. (2008). Aromatherapy and autism. *The International Journal of Clinical Aromatherapy*. 5 (1), p12-14.

Example with multiple authors-

Abe S, Maruyama N, Hayama K *et al.* (2003). Suppression of tumor necrosis factor-α-induced neutrophil adherence responses by essential oils. *Mediators of Inflammation*. 12 (1), p323-328.

(Book)

Author(s). (Date). *Title of book*. Edition. City/State/Country published: Publisher. Page(s).

Example-

Price S and Price L. (1999). *Aromatherapy for Health Professionals*. 2nd ed. London: Churchill Livingstone. p210.

Writing for the IJPHA continued

How to indicate your references continued

Reference (Book chapter)

Author(s) -last name initial(s). (Date). Name of the chapter. In: Edited by, *Title of book*. Edition. City/State/Country: Publisher. Page(s).

Example-

Keville K and Green M. (2009). The Sense of Smell. In: Keville K and Green M, *Aromatherapy: A complete guide to the healing art*. 2nd ed. Berkeley: Crossing Press. p11-16.

Reference (Website or Electronic report)

Author(s) -last name initial(s). (Date). *Title of article*. Available: <http://www.webaddress>. Last accessed day month year.

Example-

Swaminathan N. (2012). *How to save your brain*. Available: <http://www.psychologytoday.com/articles/201112/how-save-your-brain>. Last accessed 15 May 2012.

Format your bibliography-Remember to arrange your references and bibliography alphabetically!

Author(s). (Date). *Title of book*. Edition. City/State/Country published: Publisher. Page(s).

Example-

Price S and Price L. (1999). *Aromatherapy for Health Professionals*. 2nd ed. London: Churchill Livingstone. p210.

IJPHA Case Study Format

When submitting case studies for publication, in addition to the aforementioned information, the IJPHA recommends the following format. When writing a case study report, consider the “Recommended Format” as shown below. This should not be regarded as a rigid structure, but is intended to help the therapist plan and report, and act as a check list that all essential information has been included.

1. Description of the case

Since case reports are highly individual, and may be re-published in the general media or on the internet, there is a chance that the client’s family and friends may see the report and recognize the client. Confidentiality must be assured and clients must be made aware of your intention to publish their case. You need to obtain consent from your client if you intend to publish your study.

Client information:

- Provide an overview of your client's condition
- State the age of the client and give relevant health history; including herbal, dietary supplements and homeopathic medicines.
- Provide some history concerning the pathology, if relevant
- Previous experiences with CAM and purpose for treatment should be clearly written.

2. Treatment Protocol

The aims and objectives need to be stated with clear thought and understanding.

- The selection of essential oils, CO₂s, vegetable oils and hydrolats requires both botanical and common name when first mentioned; rationale as to their selection and formulation should be provided and referenced*. Formulations and dosages should be expressed in terms of percentages or weight.
- The method of essential oil application must be documented, as well as any techniques described, as applicable.
- The duration of sessions and frequency of treatment sessions should be noted.
 - Indicate details of any physical interventions used
 - Include of any self help/homecare measures used by the client

*References should include current research studies and not just popular aromatherapy books. Avoid using the same reference for all or most of the citations in a paper. Be sure your references are balanced

3. Client response to treatment

- Observations during treatment. Note immediate client responses and those followed up at subsequent treatment sessions. A successful outcome is not necessary for a case study. A negative outcome also provides useful points for discussion and reflection.
 - Provide comment on the client's ongoing progress, if relevant.



4. Evaluation

- State here the assessment of the treatment from the client's perspective; what did you learn from your experience and the results (or lack thereof) by the treatment from the protocol of treatment you used. Reflect on any progress made and state any difficulties you encountered.
 - Critically reflect on your experience. What would you do differently?
- Be careful about drawing a 'conclusion' that there is a link between the aromatherapy treatment and the effect in a single case: it could just be a coincidence.
- Remember it is only a record of your experience so ideally include an assessment of how far it can be regarded as reliable.

5. References

- Where rationale is given regarding essential oil selection, application method/technique selected, the source that influenced your selection should be referenced. All statements, opinions, and conclusions taken from another writer's work should be acknowledged, whether work is directly quoted, paraphrased or summarized.
- The report should use the method of referencing found on pages 5-6.

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IJPHA Case Study Format continued

Notes regarding writing style:

- Keep sentences short. Use short paragraphs.
- Avoid complex sentence formats that bore or confuse readers.
- Design a case study to be read by someone who wants to grasp the main points easily.
- Lay it out clearly. Avoid large sections of text.
- Demonstrate clear thought and reasoning.
- Avoid jargon, abbreviations or colloquialisms.
- Obtain feedback from a friend or colleague.

Recommended Layout for a case study:

- Title:
- Author(s), credentials, addresses and affiliations
- Description of the case
- Treatment protocol
- Treatment methods
- Client response
- Evaluation
- References

Contributing authors will receive a free PDF copy of the journal in which he/she is published. Upon publication, the *International Journal of Professional Holistic Aromatherapy* assumes all permission and copyrights.

Published articles may count towards ARC (Aromatherapy Registration Council) RA (Registered Aromatherapist) renewal hours and APAIA (CE hours for Advanced Practitioner Membership renewal for the Alliance of International Aromatherapists). Please check with your organization.

Notes on Writing Style

Other notes on style

- The first time an essential oil (hydrolat, herb, or carrier oil) is mentioned, list the common name followed by the botanic names in italics used in parenthesis, e.g. Palmarosa (*Cymbopogon martinii*). Thereafter you may use the common name only with a capital letter, e.g. Palmarosa.
- Indicate variation (var.) or chemotype (ct.), e.g. Palmarosa (*Cymbopogon martinii* var. *motia*)
- Chemical family names and components should be lower case, unless at the beginning of a sentence.

Example: "Let's go back to our molecular definition of geraniol an acyclic monoterpenol."

- As this is an international journal, when providing a recipe include the metric equivalent. If an ingredient is a solid at the time of measurement, indicate the number of grams. If it is a liquid, indicate it in milliliters.

Example:

2.5 oz (71 gm) Shea (*Vitellaria paradoxa*) butter
1 oz (30 ml) fractionated Coconut (*Cocos nucifera*) oil

There is a useful tool at <http://www.onlineconversion.com/cooking.htm>. There you will find common cooking conversions as well as volume conversions.

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- When used in a table, the Chemical family name can be capitalized and the list of components noted underneath should be in lower case.

Tables should follow the example below. All the text should be in the same font. We use Gill Sans MT, font size 9. The top of the table show be in grayscale. Example:

Chemical profile for <i>Pelargonium graveolens</i>	
Chemical Family	Components
Monoterpenes	α -phellandrene (trace-0.48), β -phellandrene (<0.25%), α -pinene (0.30-1%), β -pinene (0.2%), myrcene (0.2%), limonene (0.22-0.3%), cis-ocimene (0.08-0.2%), trans-b-ocimene (.2%)
Sesquiterpenes	guaia-6,9-diene (3.9-16.3%), β -bourbonene (1.46%), b-caryophyllene (0.7-1.62%), germacrene d (2.05%)
Alcohols	citronellol (20.89-29%), geraniol (12.49 - 31%), linalool (4.2-12%), nerol (0.76-1.6%), α -terpineol (0.7%), 10-epi-g-eudesmol (8.27%)
Esters	citronellyl acetate (.06 -.81%), neryl acetate (0.63%), geranyl acetate (trace to 4.52%), citronellyl propionate (0.54%), geranyl butyrate (0.26 - 2.53%), geranyl formiate (4.08%), citronellyl butyrate (t - 0.56 %), geranyl formiate (3.6-4.08%)
Aldehydes	neral (0.2-0.96%), geranial (0.9-2.7%), citronellal (0.07-1%)
Ketones	menthone (0.6-3%), isomenthone (4-8.4%)
Oxides	cis-rose oxide (0.92%), trans-rose oxide (0.34-0.36%), cis-linalol oxide (0.15-0.17%), trans-linalol oxide (0.07%)
Chemistry of <i>Pelargonium</i> species obtained from: Lawrence, B. (1989 and 1982), Florihana.com, Jeon, et al. (2008), and Fayed, S. (2009)	

- When using numbers within the text of an article, numbers ten and under should be written out and not numeric, e.g. "15" should be written as "fifteen" and "10" should be written as "ten".
- Section headings should be in **bold** print.

Writing Policies



- All submissions are subject to the approval and editing of the IJPHA Editorial Board.
- Articles are peer-reviewed by our esteemed panel of editorial reviewers and guest professional experts.
- Articles that do not meet the submission requirements will be returned for corrections and may delay their publication.
- Submission of an article does not guarantee publication.
- Authors and contributors are not promised that their submission will be used in any specific issue of the IJPHA.
- All submissions will be kept on file at the IJPHA office until such time as they are published or an article is declined.
- Contributors will be notified by email if an article is selected for publication.
- It is the responsibility of the author to provide proof of copy-right of any materials included with all submissions.
- The IJPHA strives adhere to the publication schedule, however it sometimes it may be necessary to alter the publication dates based on the amount of content received. Each annual subscription will contain four (4) issues of the IJPHA.

The *International Journal of Professional Holistic Aromatherapy* provides an excellent platform for you to share your knowledge and expertise. Writing for the IJPHA will give you exposure within the international aromatic community.

The *International Journal of Professional Holistic Aromatherapy* does not a pay for articles. You may include a 50-60 word bio, your photo and contact details; including email, website and phone number. The IJPHA, at its discretion, may offer an honorarium in the form of a complementary ad for feature length articles.

Publication Schedule

Deadline for Articles (6 months prior to)	Publication Date
March 15	Fall issue, same year September-November
June 15	Winter issue, same year December-February
September 15	Spring issue, following year March-May
December 15	Summer issue, following year June-August

Writing for a peer-reviewed journal is an honor. Everyone has something they can share. Whether it is a case study; a profile on an essential oil, hydrolat, or carrier oil, business tip, recipe, or article about something you specialize in within your practice.

The IJPHA seeks articles on integrative practices using essential oils, business articles, research and sustainable practices involving aromatic plants.

Research articles are welcome. The IJPHA does not seek to *re-print* previously published articles. You are welcome to submit your previously published research article as long as it has been revised with additional, new, and current information. The IJPHA, at its discretion, may reprint a previously published if that article is of particular interest, is within the overall theme of an issue, and has had limited distribution and some revision.

Integrative care articles, case studies, essential/carrier oil profiles, and chemistry articles are welcome for any issue any time.

Contact the IJPHA for examples of formats for featured articles.

Check our website for updates as topics may change or move to another issue.

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Upcoming themes—*(subject to change as each issue evolves)*

Summer 2023 — Scent & Spirituality, **Now due**

Fall 2022 — Functional Medicine, **due March 15**

Winter 2022 — Immunity, **due June 15**

Spring 2023 — Aging & the Elderly, **due Sept. 15**

We are exploring the following topics: Practical uses of Aromatherapy for family (especially babies and children - including issues that typically require vaccinations), elder care/issues, stress response, clinical research, practical uses for hydrolats, the spiritual side of Aromatherapy with practical applications, aromatherapeutic cancer interventions, essential oils and mental health, and research and case studies related to the above themes. We explore essential oils that are lesser-known, but commercially available. Do you have an idea for a theme? Let us know!

We welcome articles on business skills, care for the caregiver/therapist, and lesser-known essential oils anytime.

Are you attending a conference? The IJPHA welcomes written reviews of conferences world-wide. Like to read? Is there a great book you want our readers to know about? The IJPHA is interested in receiving book (and product) reviews.

What are you working on? Do you have an interesting case study?? What do you want to learn more about? Help us to shape future issues. Take the survey at: <https://www.surveymonkey.com/r/VXMB73X>

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Color	Size (w x h)	X 1	X 2	X 3	X 4
1/4 page	3 1/2" x 4 7/8" / 9 cm x 12 cm	\$275	\$495	\$700	\$880
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Full page	7 1/4" x 10" / 18.5 cm x 25.5 cm	\$750	\$1350	\$1900	\$2400

Advertising Specifications

Deadline for Advertisements	Publication Date
April 15	Summer / June
July 15	Fall / September
October 15	Winter / December
January 15	Spring / March

- Ads must be submitted as an original camera-ready graphic
- Ads must be in high resolution (min 300 dpi) PNG or PDF
- Trim markings and bleeds ok
- Ads that do not fit the size specification indicated in the table above may be altered slightly to fit the ad space selected.
- All parts of the ad must be in CMYK for best color accuracy.

Advertisers will receive a PDF copy of the journal page in which their ad appears, upon request.

Need help creating your ad?

Let us create an ad for you. Just send us your images, logo, and text and we will put one together for you.

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Advertising Policies

The IJPHA is a fast-growing professional journal published four times a year and is available by subscription to readers in the all over the world. The IJPHA is currently read world-wide by professional aromatherapists, educators, natural healthcare providers, integrative doctors and clinicians, nurses, scientific researchers, and students.



- IJPHA reserves the right to reject any advertisement unsuitable, inappropriate or unacceptable.
- IJPHA has the right to reject any advertisement that contains the promotion of unsafe use of essential oils and/or aromatherapy techniques, that are not in line with the Alliance of International Aromatherapists Safe Use and Standards of Practice. (<http://www.alliance-aromatherapists.org>)
- IJPHA reserves the right to reject any advertising that includes the terminology 'Therapeutic Grade.' While the term is widely used, it is not widely accepted as there is no governing body that tests and assigns the term according to any recognized "grading" system.
- Although the IJPHA strives to adhere to the publication schedule, it may be necessary to alter a publication date slightly. Please carefully consider any "time sensitive" advertising.

The International Journal of Professional Holistic Aromatherapy does not imply endorsement of any products or services advertised in the IJPHA.

Advertisements are subject to review by the IJPHA Editorial Team and may be returned if unsuitable or require editing.

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Sponsors of the *International Journal of Professional Holistic Aromatherapy* enjoy a full page color ad with guaranteed placement on either of the inside covers, right-side centerfold, or back cover for four (4) consecutive issues. This includes 'first right of refusal' to renew contract for the following year and a continuation of placement.

Each sponsor will receive a complimentary subscription (4 issues) and their students and/or employees may receive 10% off their individual subscriptions.

Each year the IJPHA has a presence at Aromatherapy events and conferences to promote the journal. Sponsors have their company logo included on IJPHA promotional materials through December 31, 2024. Several of our advertisers and sponsors help to promote the IJPHA by distributing IJPHA cards and flyers at classes and events, tuck them into packages for shipping to their customers, and share with their students.

The IJPHA is dedicated to providing quality information and networking about Aromatherapy, natural healthcare, integrative models of health, industry information, resources for product manufacturing, research, and education.

Have an event or promotion you'd like to share with others? As a sponsor the IJPHA can help. Let us share information about your event and/or promotion on our IJPHA facebook page. Sponsors will also have their company bio and logo on our sponsor page on the IJPHA website.

Please consider sponsoring the IJPHA and supporting our efforts!

The next sponsorship opportunity: January 15, 2024

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Inside back cover	7 1/2" x 10"	Sold for 2023-2024 \$3700
Inside front cover	7 1/2" x 10"	Sold for 2023-2024 \$3700
Back cover	7 1/2" x 10"	Sold for 2023-2024 \$4200

Educational Opportunities

The IJPHA is doing more to provide additional educational opportunities by sponsoring experts from all over the world to come to Colorado to present advanced courses and workshops.

Attendees receive Continuing Education credits (CEs) towards their RA and APAIA renewals. Check with your organization.

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If you are interested in presenting an educational course or workshop, contact us at editor@ijpha.com.





IJPHA Author's Agreement

Article type: ☐ Regular ☐ Feature ☐ length: _____ (# words)

Was this article previously published? ☐ No ☐ Yes

If yes, where? _____ When? _____

Brief summary of the article (max. 100 words):

I confirm that my submission is my original work and grant a non-exclusive international license to the *International Journal of Professional Holistic Aromatherapy* to publish my article.

I confirm that any graphics or photographs included with my article are my property and/or I have obtained the necessary permission to use them*.

*If applicable, please provide copyright release for use of graphics or photos.

Does the IJPHA need to cite such permission? If yes, please indicate the credit to be displayed and which photo or graphic the credit should be credited to.

I understand that submission of my article does not guarantee its use for publication in the IJPHA. Further, I understand that my submission may be returned to me for requested edits, as indicated by the Editorial Review team of the IJPHA. I understand that for my contribution to the IJPHA, I will receive a free PDF version of the issue in which my article appears.

Printed Name (with credentials, as you would like it to appear)

Company Name (as you would like it to appear)

Phone

Website

Email

Address

Signature

Date

All submissions should be sent electronically to lora.cantele@gmail.com
Please print the contract and either scan and email to us or you may mail to our offices.

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Advertisements to be submitted electronically to lora.cantele@gmail.com.

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Deadline for Submissions		Publication Date
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Winter	— November 15	December
Spring	— February 15	March

	Issue Year	Ad Size	Cost
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Printed Contact Name

Phone

Company Name

Website

Email

Address

City/State/Zip

Country

Signature

Date

All submissions should be sent electronically to lora.cantele@gmail.com

Please print the contract and either scan and email to us or you may mail to our office.

We will confirm receipt within 24 hours. If you do not receive a confirmation please contact our office.

Send your check, payable to "Enhancements Aromatherapy LLC" to the address below:

IJPHA—305 Homestead Parkway, Longmont, CO 80504 USA Phone +1 815 814 1444